

FACILITATOR's GPS Checklist for the INTRO "Cross Prayer"

Page 1: "Introductory Cross Prayer" – My name: _____

➔ If the "receiver" has questions, fears, confusion, concerns etc. I (facilitator) **ASK GOD** – I do not play "God"!

> I (Facilitator) follow along with my eyes on the checklist as the Coach leads me:

> I (Facilitator) **avoid rushing ahead of the Coach** as I 1st – Take a deep breath, 2nd – Relax, 3rd – Let coach lead me – as I pray to receive a teachable spirit, where I am willing to:

- Follow the coach **instead of** trying to rush ahead on my own – **instead of trying to figure everything out the first time I facilitate prayer**
- Trust in God enough to know that by the **2nd time** I finish facilitating I will be more comfortable.
- Think about the importance of this – especially if I like to be in charge and/or be in control ☺.

> I (Facilitator) listen to the Coach telling me:

a. "Stop and the boxes before going to the next line, following me one line at a time."

b. Always say the **bold words** in the shaded boxes, **word-for-word**, to the 'receiver' while you are learning.

c. The process can seem **clinical, mechanical or robotic** at first but it gets easier with the time."

d. > I (Facilitator) follow the Coach helping me to understand the three main steps in the CROSS prayer as I read the Step 1 Listening to the Person's Story instructions in the grey box, on the 'Intro Cross Prayer' on pages 25/Jesus or 26/Father to the coach **NOW** 🚫

> I (Facilitator) read the Step 2 Sharing Jesus' Story Instructions to the coach **NOW**. 🚫

> I (Facilitator) read the Step 3:A Instructions *in italics* just below the 2 columns with Steps 1–2 (*just below line 3:A*) to the coach **NOW**. 🚫

> I (Facilitator) read the Step 3:B Instructions *in italics* (*at the end of 3:B*) to the coach **NOW**.

> I (Facilitator) say to the 'Receiver' (person receiving prayer):

e-1. "My name is...What is your name?" (IF I do not know the person)

e-2. "Do you want to pray to the Father – in Jesus' name or to Jesus directly?" 🚫

⇒ I see line 2 on the "Jesus" prayer (page 25), with 14 New Testament examples of praying to Jesus

⇒ If the person has questions about praying to Jesus, I read the Scriptures sharing 14-examples of direct communication between Jesus and His children – with 9 of the examples coming:

- ◆ After Jesus' resurrection
- ◆ After Jesus' ascension and return to heaven
- ◆ After Jesus poured out His Holy Spirit at Pentecost

f. > I (Facilitator) turn to "Jesus/p. 25 or Father/p. 26" Intro Cross prayer – then I write the person's name at the top of the page **right now**

g. > I (Facilitator) will begin our time together with a short prayer **now**

* **Note to Facilitator:** We skip check boxes h & i on this page until later in the training...

Please turn to the top of the next page right **NOW** – to see the instructions for Step 1...

h. > I (Facilitator) explains the "Consent Form" to the receiver – then the receiver signs it.


i. Receiver fills out the "Life History Form," shares the information **and takes it home**

Page 2 – Step 1: “Listening to the Person’s Story”

* NOTE: I (facilitator) always replace ‘receiver’ for the person’s name to make it more personal

Step 1. Facilitator Listens to the Receiver’s Story: * Quote words in **bold**

a. > I (Facilitator) read **all** three questions in bold, quietly to myself first. Then I **choose ONE** of the questions before I ask the “receiver” what he or she wants to pray about today.


- #1: “Where would you like more freedom in your life today?”
or #2: “What are your best hopes for your prayer time today?”
or #3: “Where would you like to receive more healing in your life today?” 

* NOTE: People are not used to thinking in terms of positive solutions: I have the **option** to redirect a **negative** response focused on the problem like: (Clarifying – NOT counseling)

- I don’t want to be angry or addicted anymore...
- I want to stop fighting with my spouse/child” etc.

I invite him/her to consider a positive option by asking... (Clarifying – NOT counseling)

“What would you like:

- Instead of being angry?
- Instead of being addicted?
- Instead of fighting with your spouse?” 

b. > I (Facilitator) write the receiver’s answer/best hopes or struggles on the 3rd line from the top of the page of the Jesus prayer (p. 25) or Father prayer (p. 26).

* **Optional Question** that I, as the Facilitator can ask if I want to – outside of training
(I do **NOT** ask this question during the training) “Is there anything more you want to share in 3-5 minutes?”


c. > I (Facilitator) hand the person the clipboard with the INTRO Cross prayer (in a live training)

→ During an on-line training or I am on the phone, I say: “Do you have the Cross prayer in front of you?”

- > In a **live** training, I (Facilitator) point to the Fruit Tree so the person knows exactly what I’m explaining.
 > I (Facilitator) read **all** the **bold** words in the box below to myself first, quietly, and then I say:

“Please, read **Matt. 15:18-20** John 8:44 Romans 1:25. (Pause for “receiver” to read text).

Now, please look at the fruit tree image on the right side of the prayer – as I explain the fruit tree, beginning at the bottom of the tree, where the roots are. Do you see the roots?

Our negative behaviors and feelings are symptoms telling us there is a problem. Jesus suffered and died for our negative behaviors growing out of Satan’s lies. His lies are the “roots” of our negative behaviors and feelings. They create a false identity that keeps us from receiving God’s freedom to live out His hopes and plans for our lives. Does this make sense to you?” 

* I can choose to use other Scriptures in a 1:1 prayer session – outside of training, when I have time.

d. > I (Facilitator) read **all** the **bold** words in the box below to myself first, quietly, then I say:

“Please read the whole list of negative thoughts in the Left Column (on page 25/Jesus or page 26/Father) to yourself – quietly. Then you 2 boxes describing your negative thoughts in this area of your life.” * Outside of training I ask the “Receiver” to 3–4 negative thoughts

You can also write your own thoughts on the last line of the Left-hand column that says: ‘Other _____’ And then you can share them with me after you them. Do you understand?” 

e. > I (Facilitator) ask this question **if** there is a group...

* **IF** there is **no group** – or it is an on-line training, where everyone hears the “receiver” share with the




Facilitator, I do **not** ask this question: “Can I share your thoughts with the group?” 

Page 3 – Step 2: “Sharing/Reading/Praying Jesus’s Story”

NOTE: I (facilitator) always replace ‘receiver’ for the person’s name to make it more personal

Step 2. Facilitator Shares Jesus’ Story with the Receiver:

- a. > I (Facilitator) read **all the bold words in grey box below**, and then I ask the **1st person receiving prayer** to read Isaiah 53:1-5; the **2nd person receiving prayer** to read Heb. 2:14-18; the **3rd person receiving prayer** to read Heb. 4:14-16. Then I the box next to the Scripture.


<input type="checkbox"/> 1 st person I pray with	<p>“Please read Isaiah 53:1–5 quietly – to yourself, to see how Jesus suffered being rejected, despised, and a Man of grief and sorrows – to identify with you, and understand what you have gone through.</p> <p>And then share with me what it means to you that Jesus chose to suffer for you, so, He could enter into your story and your experience. Does this make sense?” </p>
<input type="checkbox"/> 2 nd person I pray with	<p>“Please read Hebrews 2:14–18 quietly – to yourself, to see how Jesus took on humanity to become your merciful and faithful High Priest who has already suffered for you – to offer you His healing He’s already gained for you.</p> <p>And then share with me what it means to you that Jesus chose to suffer for you, so He could enter into your story and your experience. Do you understand?” </p>
<input type="checkbox"/> 3 rd person I pray with	<p>“Please read Hebrews 4:14–16 quietly – to yourself, to see how Jesus is able to sympathize with you, because He was tempted with all your thoughts, yet He trusted His Father in each test, to offer you His victory He’s already gained.</p> <p>And then share with me what it means to you that Jesus chose to suffer for you, so He could enter into your story and your experience. Does this make sense?” </p>

- b. > I (Facilitator) ask the ‘receiver:’ “Please share what these verses mean to you?” 

** Note to Facilitator: Before I read **page 4** (the very next page in this Facilitator Checklist or page 17 in the Part 1 training manual), I (facilitator) make sure I’m reading Jesus’ story **as a story**, NOT just letters on a page.*

- c. > I (facilitator) read **all the bold words in the box below** first, quietly – then I say to the receiver:

“I will summarize Christ’s suffering in the **Right-hand Column** for you, **on the next page in my Facilitator manual** line-by-line, using a longer version that turns the short statements into full sentences as you read the options in the right-hand column on your Introductory Cross Prayer.

After I finish explaining Jesus’ story of suffering on your Introductory Cross Prayer, I want you to **2 boxes in the Right-hand Column** that describes the negative experiences in HIS story, where He was **TEMPTED** with the same negative **THOUGHTS** you have – and yet Jesus did not give into those thoughts... Does this make sense to you?” 

** Outside of training I can ask the “Receiver” to 3–4 negative experiences in Jesus’ story*

- d. > I (Facilitator) turn to the very next page **now**, reading it as a **story** – not just letters on a page. Once I finish reading the whole page, I (facilitator) the “2d” option on the last line on page 4.

** Note to Facilitator: I **never-ever-ever say**, “Where did Jesus **feel** the negative feelings you have?” Or I open the door to putting negative, sinful feelings in Jesus and He is no longer a sinless Savior. Reading the bold words, word-for-word trains me to use Biblical language does not put sinful feelings in Jesus.*

Describing Samples of Christ's Negative Experiences In Full Sentences with

Scripture References: 1st time I facilitate prayer 2nd time I facilitate prayer 3rd time I facilitate prayer

Am I reading it like a story? Or am I reading letters on a page? Am I rushing as I read?

I do not read the Scripture verses next to the descriptions of Christ's story

- Jesus was born to an unwed mother (Luke 2:5) (see www.blb.org for the original language)
- He was also a refugee in Egypt because of a death decree by Herod (Matt. 2:13-15)
- Jesus was tempted to be deceived by Satan, in the wilderness, to trust in His own power to provide for Himself, to prove who He was and to protect Himself from the pain of His rejection, betrayal and crucifixion on the cross (Luke 4:1-13)
- He could have been tempted with thoughts that grow into lust **without** giving in to Satan's lies, as Mary acted with God's love & pure motives – kissing His feet, and anointing Him with oil (Luke 7:42-45)
- Jesus was misunderstood & rejected by family & loved ones who did not understand His mission, leading them to look for a dead body at His tomb (Mark 3:20-21; Matt. 23:3; Luke 24:1-10) Other: _____

Jesus was in the Garden:

- Being overwhelmed, abandoned and left alone by those closest to Him when He was not only sweating blood, but also struggling to surrender His will to His Father's will (Matt. 26:38, 36-44)
- Being betrayed by a kiss and sold for the price of a slave, by Judas, and then Peter denied Him three times; the third time with cursing (Luke 22:47-62) Other: _____

Jesus chose to be powerless during His trials as He was being abused... (2 Cor. 13:4)


- By Satan and his demons who are the source of all sin, suffering and shame
- By the Priests, by Pilate and Herod, the soldiers, and the mob
- By groups of people who were stripping His clothes off (Matt. 27:27-28)
- By those who were shaming and humiliating Him in public, during His trials... (Mt. 27:29-31)
- By those who were verbally and mentally abusing Him, spitting on Him, beating Him and blaming Him
- By those not letting Him speak up in a way that He would be heard or have a voice
- By men when He was experiencing racial, religious and political prejudice from those in power over Him, who should have been protecting Him, but instead they were misrepresenting God to everyone
- By people when they chose Barabbas, a murderer, over Him Other: _____

Jesus was TEMPTED as He was hanging on the cross: (Matt. 27:31-46)

- To gain some relief from His physical, emotional, relational and mental pain as He was carrying all the sin and suffering of the world
- To believe His situation was hopeless and useless (verse 34)
- While crying out to His Father "My God, My God, **WHY** have You forsaken Me?" in His deepest, darkest moment on the cross, having lost water and blood with His nerves on fire, when He could not see, sense or feel His Father's presence, *turning Psalm 22:1 into a prayer back to His Father*
- When He was having difficulty breathing as He was slowly suffocating to death Other: _____

Jesus was TEMPTED:

- To not forgive those betraying, abusing Him and oppressing Him
- To take control of the situation, to fight back/to fight for what was right and protect Himself, *and*
- To perform miracles in order to prove who He was – but instead, once again, He turned Psalm 31:5, into a prayer, to His Father, "Into Your hands I commit My Spirit," as He chose to continue trusting His Father at every step of the way – so we could receive His trust, He developed during His trials
- Jesus was also tempted to take all of this abuse *personally* when He was:
 - Not being respected, nor seen, heard, valued, understood or appreciated
 - Not safe and He was unjustly accused, arrested, judged, mistreated, convicted, and murdered, *and*
- As He was dying for our sins, condemnation, guilt, shame, self-hatred, and regret...
- As a Man of grief and sorrows Other: _____

2d I (Facilitator) say: "Please 2 negative experiences in Jesus' story, where He was tempted with your thoughts on page 25 or page 26 – and then share them with me. OK? 
And can I share Christ's negative experiences with the group after you have chosen them?"

Page 5 - Step 3:A–B: Facilitator Checklist “Praying Jesus’ Story with the Receiver”

* NOTE: *I (facilitator)* always replace ‘Receiver’ with the person’s name to make it more personal

Step 3. Reading Scriptures and Connecting to Jesus’ Story:

- 3A – Pre-Step:** > *I (Facilitator)* the chapter I want the person to read (Isa. 53, Heb. 2 or Heb. 4) and I do it **NOW**, in the sentence below “3:a1” **before** I read the next set of instructions.
- Then, I (Facilitator) cross out the other two chapters in the grey boxes – in that sentence
 - Then, I (Facilitator) say the one-chapter in Isaiah 53 OR Heb. 2 OR Heb. 4 that I off in the sentence in “3:a1” below.

- 3:a1.** > *I (Facilitator)* read the **bold** words below—quietly—now. Then I say to the ‘Receiver’:

Please read the whole chapter **quietly** with the verses you just read in Isaiah 53 *or* Heb. 2 *or* Heb. 4] as I write this information into the **Introductory Cross prayer** that you will take home with you. OK? * *I the box connected with the chapter in Scripture the person is reading*

- 3:a2.** > *I (Facilitator)* read the instructions in **3:A**, *in italics*, before writing in Jesus’ experiences from the Right-hand Column into the sample prayer:

- Using *correct pronouns* – Praying to Jesus: surrendering **Your** will to **Your Father’s** will
Contrast praying to the Father: surrendering **His** will to **Your** will
- Using *connecting words* to make the sentence flow ~~ⓧ~~
- Use **“being”** as the most common word used to connect the statements in the right-hand column with the 3:A and 3:B sections of the prayer ~~ⓧ~~
- Use **“and”** to connect: - Jesus’ experiences in 3:A **so** the sentence flows smoothly *with...* the “Receiver’s” negative thoughts in 3:B. ~~ⓧ~~

* *If I (Facilitator) am not sure about the wording – I will ask the “Receiver” for help. Then I box 3:a.2*

- 3:B** – > *I (Facilitator)* read **all** the instructions in **3:B**, *in italics*, **before** writing receiver’s thoughts and/or struggles from the Left-hand Column into the sample prayer. And I decide **if** he/she shared:

Best Hopes – If the “receiver” shared best hopes, (something positive) I follow instructions *in italics* in the section with “Best Hopes” in 3:B – Then I box in this line after I fill in the “Best Hopes.”
* I cross this ~~line out~~ if I do not use it, so I don’t read it while I lead the ‘receiver’ in prayer.

Struggles – If the “receiver” shared struggles (problems), I follow instructions *in italics* in the section with “Struggles” in 3:B – Then I the box in this line if/after I fill in the “struggles” section.
* I cross this ~~line out~~ if I do not use it, so I don’t read it while I lead the ‘receiver’ in prayer.

c-1. > *I (Facilitator)* read the **WHOLE** prayer on page 25/26 **silently right now**, all the way to the end, where it says, “Amen” – at the end of the prayer – to see if it flows smoothly.

c-2. > **Now** I mark every 3–5 words in the prayer, **before** I pray with the “receiver” so I know where to pause. * *I can also ask the ‘receiver’ to check the prayer if I have any questions, so I am working together with the “receiver” to make it flow smoothly. Then I the “C” box in this section. And I turn to page 25/Jesus or 26/Father now.*

d. > *I (Facilitator)* ask: **“Would you like to share anything from the chapter you just read?”**
(~~ⓧ~~ Pause and let the “receiver” answer) Then I the **“D”** box in this section.

e. > *I (Facilitator)* ask: **“My words do not have the power to heal anyone. And because we are just learning how to pray Christ’s story into our stories, would you repeat the prayer after me, using a few words at a time?”** ~~ⓧ~~

Page 6 – Step 4: “The Blessing Prayer based on Psalm 46:10”

* NOTE: I (facilitator) always replace the person’s first name to make it more personal

* NOTE: I (facilitator) make sure that I off all the boxes on this page before turning to the next page

Step 4 – Blessing Prayer:

> PRE-Step

I (Facilitator) write the person’s name in the blank lines in all 3 prayers **now**. Then I cross off “~~he~~” if I am praying with a woman, or I cross out “~~she~~” if I am praying with a man. Then, I the box in this section and I let my prayer coach know I have completed this step.

A –> I (Facilitator) read the “Blessing prayer” to myself **now – quietly** on page 25/Jesus or page 26/Father), so I know what the prayer says **before** I pray for the person receiving prayer.

B –> I (Facilitator) read **all** the words in the following instructions **in bold** in the box below – quietly to myself **now**.

“Psalm 46:10 & 1 Kings 19:12 tells us that God speaks in a ‘still small voice.’

We are **not** emptying our minds because it is **not** Biblical. Instead, we are actively listening to God: * In a 2-way conversation without trying to come up with the answer or solution in our own minds.

* As we are learning to let God speak to our hearts in HIS still small voice.

So, **I will pray**, asking God what blessings He has for you in this area of your life. You do NOT pray out loud or in your head – **you can LISTEN** for the ‘still small voice of God’ for 1 minute **after** I pray the blessing FOR you.

If something comes up, **I will write it down**. If nothing comes up, I leave it blank or we can pray a 2nd time if you want. And if you are not sure if it is from God, we will write it down and you can ask God what He wants you to know about it later. Does this make sense to you?

→ After I read “C” below ↓ **and after** I read this box to the ‘receiver’ – I the “A-B-C” boxes

C –> I (Facilitator) read the words **in bold** in “4B” about the “Blessing” prayer **to** the ‘receiver’ using the person’s name to make it more personal. I read the shaded box above ↑ to the ‘receiver’ **NOW**. After that, I the “A-B-C” boxes under Step 4.

D –> I (Facilitator) pray the Blessing prayer on page 25/Jesus or 26/Father **out loud** to the ‘receiver’ **NOW**.

E –> **The Coach** times 60 seconds on a phone or watch to avoid rushing the quiet time, and then I (facilitator) the “E” box **in this section**.

After 60 seconds I ask: “**Did you receive any blessings you want to share with me?**”

F –> I (Facilitator) write in the blessing – in the blank spaces using 1st person language for the ‘receiver’ – Then I (facilitator) the “F” box **in this section now**.

→ Sample: *Adapting the blessing to make it God-centered so that God is the power source – not the “receiver”*

“YOU [God] will uphold me [the “receiver”] with YOUR right hand”

Writing the blessing word for word, but in a way that it looks like the “receiver” is the power source – instead of God

“I [“the receiver”] will uphold You [God] with my [“receiver”] right hand”

Page 7 – Step 5: “The Discernment/Attacks Prayer based on Psalm 46:10”

* NOTE: I (facilitator) always replace the person’s first name to make it more personal

* NOTE: I (facilitator) make sure that I off all the boxes on this page before turning to the next page

Step 5 – Discernment/Attacks Prayer:

A –> I (Facilitator) read the “Discernment/Attack” prayer, to myself **NOW** quietly on page 25/Jesus – page 26/Father), so I know what the prayers say **before** I pray it for the person receiving prayer. Then, I (facilitator) read B & C **before** I read the explanation of the Discernment prayer to the ‘receiver.’

B –> I (Facilitator) read the instructions **in bold** in the box below – quietly to myself **NOW**, and I either God or Jesus, depending on who the ‘receiver’ is praying to:

“Satan does not want you to receive God’s freedom for your life.


We are **not** emptying our minds because that is **not** Biblical. Instead, we are actively listening to God: * In a 2-way conversation without trying to come up with the answer or solution in our own minds.

* As we are learning to let God speak to our hearts in HIS still small voice.

So, **I will pray**, asking God Jesus to reveal to you how Satan will attack you this week as **you listen**, without praying in your mind or out loud.

If something comes up **I will write it down**.

If nothing comes up – I can leave the lines blank or we can pray a 2nd time if you want.

And if you are not sure if it is from God – we will write it down and you can ask God what He wants you to know about it later. Do you understand?” 

➔ After I read “C” **below** ↓ **and after** I read this box to the ‘receiver’ – I the “A-B-C” boxes

C –> I (Facilitator) read the words **in bold** in “5B” about the “Discernment/Attacks” prayer **to** the ‘receiver’ using the person’s name to make it more personal. I read the shaded box above (5B) ↑ to the ‘receiver’ **NOW**. After that, I the “A-B-C” boxes under Step 5.

D –> I (Facilitator) pray the Discernment/Attacks prayer on page 25/Jesus or 26/Father **out loud** to the ‘receiver’ **NOW**.

E –> **Coach** times 60 seconds on a phone or watch to avoid rushing the quiet time, and then I (facilitator) the “D” and “E” and boxes **in this section**.

After 60 seconds I ask:

“Do you have a sense of how the enemy might attack you or try to trigger to relapse?”

* “Relapse” can be a good word to use when he/she is struggling with addictions

F –> I (Facilitator) write in the discernment/attack in the blank spaces using 1st person language for the ‘receiver’. Then I (facilitator) the “F” box **in this section now**.

➔ **Sample** of how to write it in: “YOU [God] will uphold me with YOUR right hand.”

Page 8 – Step 6: “The Protection Prayer based on Psalm 46:10”

* NOTE: **I (facilitator)** always replace the person’s first name to make it more personal

* NOTE: **I (facilitator)** make sure that I off all the boxes on this page before turning to the next page

Step 6 – Protection Prayer:

A –> I (Facilitator) read the “Protection” prayer, to myself **NOW** quietly (p. 25/Jesus – p. 26/Father), so I know what the prayers say **before** I pray it for the person receiving prayer.

B –> I (Facilitator) read the instructions **in bold** in the grey box below **quietly** – to myself **NOW**, and I either God or Jesus, depending on who the ‘receiver’ is praying to:

“ God Jesus wants to protect you.

And again, remember, we are **not** emptying our minds because that is **not** Biblical. Instead, we are actively listening to God:


* In a 2-way conversation without trying to come up with the answer or solution in our own minds.

* As we are learning to let God speak to our hearts in HIS still small voice.

So, ***I will pray***, asking how He will protect you from Satan’s attacks in a way that you are becoming more aware of His protection for you, so you can turn to Him to receive Christ’s victory over Satan’s attacks, that He already gained 2,000-years ago, in the past.

You will listen for 1 minute, without praying out loud or in your head.

If something comes up, ***I write it down***.

If nothing comes up – I can leave the lines blank, or we can pray a 2nd time if you want. And if you are not sure if it is from God, we will write it down and later, you can ask God what He wants you to know about it later. Ok?” 

➔ After I read “C” below ↓ ***and after*** I read this box to the ‘receiver’ – I the “A-B-C” boxes

C –> I (Facilitator) read the words **in bold** in “6B” about the “Protection” prayer to the ‘receiver’ using the person’s name to make it more personal. I read the shaded box above (5B) ↑ to the ‘receiver’ **NOW**. After that, I the “A-B-C” boxes under Step 6.

D –> I (Facilitator) pray the Protection prayer on page 25/Jesus or 26/Father out loud to the ‘receiver’ now – Then, I (facilitator) the “D” box in this section now.

E –> **Facilitator or Coach** times 60 seconds on a phone or watch to avoid rushing the quiet time, and then (facilitator) the “E” box in this section now.

F –> I (Facilitator) write in the protection in the blank spaces using 1st person language for the ‘receiver’.

Then I (facilitator) the “F” box in this section now.

➔ *Sample of how to write it in: “YOU [God] will uphold me with YOUR right hand.”*

Page 9 – Step 7: The “Daily Discipleship Prayers”

We skip this section at the beginning of the training – go to Section 8 on page 10 NOW

- ⇒ Do **NOT** read anything else about Section 7 on this page **at this time**
- ⇒ Turn to the top of the very next page right **now** – where you will find instructions on Section 8 to share with the Facilitator



Do NOT read anything else on this page during the 1st part of the training

Step 7 – Daily Discipleship Prayers Instructions:

- ☐ ☐ ☐ > I (Facilitator) use the “Level 1 worksheet” to help explain and summarize each one of the Daily Discipleship prayers to the person

There is one prayer for each day of the week, for each part of the “Cross” prayers 3:A, 3:B, Blessing Prayer, Attack Prayer and Protection Prayer

- a. ☐ ☐ ☐ I (facilitator) offers to help the person receiving prayer to fill out “Day 1” of the 7 days if he/she wants the help – and/or is struggling with the Daily Discipleship Prayers

** During training, once we begin using the Daily Discipleship prayers, the Facilitator explains the Daily Prayers to receiver in every prayer time*

- b. ☐ ☐ ☐ **OPTION for 2nd or 3rd Prayer Time:** I (facilitator) can have the ‘receiver’ write the information on the blank lines in the prayers and/or begin using the “Summary Prayer”

Page 10 – Step 8: “Thanks/Community Prayers”

Step 8 - Thanks & Community Prayer

- a. I (facilitator) use the person’s first name to make it more personal
- b-1. I (facilitator) read the words **in bold** in the box below – to myself quietly first, so that my words flow smoothly when I read them to the “receiver”
- b-2. > I (facilitator) ask the ‘receiver’:

“Do you have a prayer of thanks for the way God has ministered to your heart today – either silently in your heart, or out loud?”

IF you want to pray silently, please say, “Amen” out loud to let me know you have finished.

Does this make sense to you?” 🙏

- c. > I (facilitator) ask the “Receiver” the following 2-part question in the boxes below after reading words in the grey box below:

ON-LINE TRAINING: I (facilitator) ignore the “Part 2 Blessing Receiver” sentence that is asking permission to place hands on the person receiving prayer **IF** I am in an on-line training – unless my arms and/or my group members arms are long enough to reach across cities and countries 😊

<p>Blessing for the person who has been receiving prayer</p> <p>I do NOT ask if we can place hands on their shoulders if I am in an on-line training</p>	<p>For a man – Part 1: “Will you (‘the receiver’) ask 2 men to offer a <i>short, 2-sentence blessing over you?</i> Part 2: And is it okay if they place their hands on their shoulders?” 🙏 → I do NOT ask if we can place hands on them during an on-line training)</p> <p>Example of a short prayer... If the person is praying about “rejection, not being good enough, forgiveness” etc.</p> <p>“Dear God, Thank You that he is receiving more of Your acceptance (receiving Your goodness, receiving Your forgiveness etc.) this week – that You already provided for him 2,000-years ago, at the cross etc.) this week. Amen.”</p> <p>For a woman – Part 1: Will you (‘the receiver’) ask 2 women to offer a <i>short, 2-sentence blessing over you?</i> Part 2: And is it okay if they place their hands on their shoulders?” (→ I do NOT ask if we can place hands on them during an on-line training)</p> <p>Example of a short prayer: If the person is praying about “rejection” –</p> <p>“Dear God, Thank You that she is receiving more of Your acceptance (receiving Your goodness, receiving Your forgiveness etc.) this week – that You already provided for her 2,000-years ago, at the cross. Amen.”</p>
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Page 11 – Step 9: “Debriefing Section” for Section 9

Step 9 - Debriefing Time

- a. > I (facilitator) debrief with the Receiver:

“Would you be willing to share with us if there was something meaningful to you during this prayer time as you were praying Jesus’ story into your story and the prayers of blessings?”

- b. > I (facilitator) give the INTRO “Cross” prayer to the person who received prayer and say:

“I am giving you the prayer (email you the prayer).
Please re-write this prayer in your own words to make it personal for you.”
** During an on-line training, I ask permission to email it to the person.*

- c. Coach debriefs with the Facilitator:

“What was meaningful to you about the way God was blessing the person while you are learning and growing?”
 The 1st time? The 2nd time? The 3rd time?

- d. Coach debriefs with the group...

BUT the group cannot ask questions about the person’s story or struggles.

The group cannot give advice to the person or quote scripture to the person.

The group cannot diagnose the person.

The group can only ask questions about the process.

NO exceptions. NONE

If a group member has a resource to share:

1. **WAIT** 48 hours to offer the resource (Scripture, author’s quote etc.)
2. **AFTER** 48 hours – and then ask the person **IF** you can share the resource with the person who received prayer...

Asking permission is much better and more honoring than assuming the person wants the information, Scriptures, and/or advice/feedback you are offering